

PATIENT INFORMATION

# Unlocking Relief: Ketamine IV Therapy for Chronic Pain

A supervised infusion option for selected patients whose pain has not responded well enough to other treatments.

Ketamine was first developed as an anesthetic. Given through an IV at **low, carefully monitored doses**, it can reduce pain signaling in the nervous system. For some people living with chronic pain, it may offer meaningful relief as **one part of a broader treatment plan**.

**Good to know**

Use of ketamine for chronic pain is considered off-label. The strongest evidence is for complex regional pain syndrome (CRPS); evidence for other conditions is more limited.

## Potential Benefits

### Works Differently

Targets NMDA receptors involved in pain sensitization, a different pathway from most pain medicines.

### Fast Onset

IV delivery acts quickly. Some patients notice changes during or shortly after an infusion.

### Tailored Dosing

Your provider adjusts the dose and infusion schedule based on your response and comfort.

### Part of a Plan

May help some patients rely less on other pain medicines, as decided with their provider.

## Who May Be a Candidate

- Adults with chronic pain, such as CRPS or certain nerve-related pain
- Pain that has not improved enough with other treatments
- Medical history reviewed and screening completed by our team
- Able to arrange a ride home after each infusion

## What to Expect

1. **Consultation.** We review your history, medications, and goals.
2. **Infusion.** You relax in a comfortable chair while staff monitor your vital signs.
3. **Recovery & follow-up.** Brief observation, then a ride home and a plan review.

### Your Safety Comes First

Results vary, and relief may be temporary. Possible side effects include dizziness, nausea, feeling detached or dreamlike, blurred vision, and changes in blood pressure or heart rate. Ketamine can affect breathing and carries a risk of misuse and dependence, so every infusion is given and monitored by trained staff.

## Is ketamine therapy right for you?

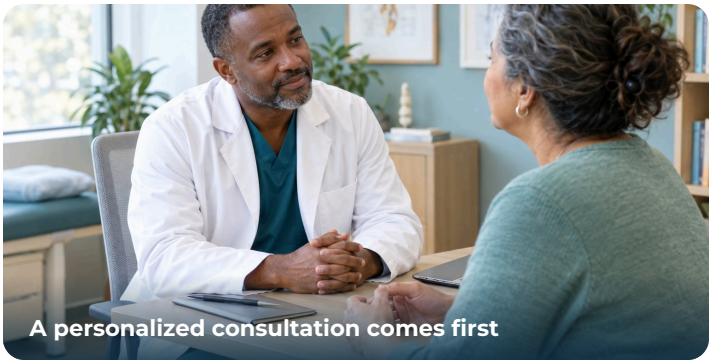
Schedule a consultation to discuss your options, insurance coverage, and costs.

919-220-0107

YOUR QUESTIONS ANSWERED

# Frequently Asked Questions

Straight answers about ketamine infusions, so you can make an informed decision with your provider.



A personalized consultation comes first



Comfortable, closely monitored infusions

### Q Will ketamine get rid of my pain?

Not for everyone. Some patients get meaningful relief for days to weeks; others get little benefit. We track your response and adjust the plan.

### Q How many infusions will I need?

It depends on your condition and response. Many plans begin with a short series of infusions, followed by a review before any further treatment.

### Q What does an infusion feel like?

Many people feel relaxed, light, or dreamlike. Some feel dizzy or mildly nauseated. These effects usually fade soon after the infusion ends.

### Q How long does a visit take?

Plan for a few hours, including check-in, the infusion itself, and a recovery period before you leave.

### Q Can I drive myself home?

No. You will need a responsible adult to drive you. Avoid driving or operating machinery for the rest of the day.

### Q Can I keep taking my medications?

Bring a complete list of your medicines and supplements. Your provider will tell you which to continue, hold, or adjust.

### Q Who should not have ketamine?

It may not be safe with certain heart or blood pressure problems, psychosis, pregnancy, or a history of substance misuse. Screening helps determine eligibility.

### Q Is it covered by insurance?

Coverage varies by plan, and some plans do not cover ketamine for pain. Our staff will help you check benefits and review costs before treatment.

### Q Does this treat depression or anxiety?

This program focuses on chronic pain. If you are also dealing with depression or anxiety, tell your provider so we can coordinate care or refer you to the right specialist.

This brochure is for general information only and is not medical advice. Ketamine for chronic pain is an off-label use. Individual results vary. A provider must evaluate you to determine whether this treatment is appropriate.